Lunch Menu K-12 KENMORE- TOWN OF TONAWANDA UFSD ALL FOOD IS PRE-COOKED.

Monday	Tuesday	Wednesday	Thursday	Friday
		WEEK OF : 4/12/21-4/16/21		
*Chicken Patty on Bun	*Grilled Cheese Sandwich	*Taco Deluxe	*Sloppy Joe on Bun	*Pizza Crunchers
Golden Corn	Sliced Carrots	Cheese/Meat/Salsa	Oven Fries	Dinner Roll
Blushing Pears	Fruit Cup 🛛 🔬 🧃	Green Beans	Fruit Cup	Marinara Sauce
8 oz. Milk	8 oz. Milk 🛛 🔍	Fruit Cup	8 oz. Milk 🛛 🛃 🕹	/ Fruit Cup
		8 oz. Milk	Snack Bag	8 oz. Milk
Cooking Directions:	Cooking Directions:	Cooking Directions:	Cooking Directions:	Cooking Directions:
Chicken Patty: Place frozen	Grilled Cheese Sandwich:	Pork Taco Meat: Heat in a	Sloppy Joe: Take meat out of	Pizza Crunchers: Place froze
chicken patty on a lined sheet	Spread margarine on one slice	microwave safe bowl for 1.5-2	container and put on a	pizza crunchers on a grease
oan in preheated oven at 400°F	of bread. Turn bread over and	minutes or until it reaches an	microwave safe plate. Heat for	pan or a pan on tin foil.
and heat for 8-10 minutes, OR	place on frying pan. Place 4	internal temperature of 165°F.	2-3 minutes or until it reaches	Preheat oven to 350°F and
cook in microwave for 2-3	slices of cheese on top of	Assemble with cheese, salsa &	an internal temperature of	cook for 10-14 minutes or
minutes or until it reaches an	bread. Top with second slice of	taco shell and enjoy hot.	165° F.	until they reach an interna
nternal temperature of 165°F.	bread. Butter top of bread.	Green Beans: Place green	Oven Fries: Place frozen oven	temperature of 165°F, OR pu
Assemble on bun and enjoy hot.	Cook until golden brown on	beans in a sauce pan and cook	fries on a lined sheet pan, in	on microwave safe dish and
Corn: Place the corn in a sauce	one side and flip and cook till	on medium heat and stir for 2-	oven at 350°F for 10-12	place in microwave for 2-3
ban and cook on medium heat	golden brown on other side or	3 minutes or until it reaches	minutes, or cook in microwave	minutes or until it reaches a
and stir for 2-3 minutes, or cook	until it reaches and internal	an internal temperature of	for 2-3 minutes or until they	internal temperature of 165°
n microwave for 2-3 minutes or	temperature of 165°F . Cut	165°F.	reach an internal temperature	Marinara Sauce: Heat in a
until it reaches an internal	sandwich in half on the		of 165° F.	microwave safe bowl for 1.5-
emperature of 165°F.	diagonal.			minutes or until it reaches ar
	Sliced Carrots: Place sliced	81		internal temperature of 165°
	carrots in a sauce pan and cook			
	on medium heat and stir for 2-	· · · · ·		
	3 minutes or until it reaches an			
	internal temperature of 165°F.			

Allergens: Chicken Patty: Wheat & Soy. Bun/Sub Roll: Whea Bun- Wheat & Soy. Pizza Crunchers: Milk & Wheat.



PLEASE READ – *Store Frozen Food in freezer until ready to use.

Please remove any food packaged in Styrofoam containers- and place it in a microwave safe bowl. Appliances vary, heating times given are approximate and may need to be adjusted *Recommended to THAW all foods in the refrigerator.

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